

# SKIN NEEDLING

## Collagen Induction Therapy



Microneedling (aka skin needling) is your go-to treatment for boosting collagen and elastin growth.

This powerhouse treatment can help you tackle scarring, stretchmarks, acne, black heads, open pores, fine lines, hyperpigmentation and more.

Fast, effective and non-surgical, microneedling can help you unlock radiant skin!

Benefits of Skin Needling:

- Stimulate Collagen and Elastin Growth
- Treat Hyper pigmentation
- Reduce scarring and stretchmarks
- Enhance penetration of skin care products
- Minimize fine lines and wrinkles
- Suitable for all skin types

This treatment is not suitable for all skin types, clients are required to have a complimentary consultation prior to treatment to determine suitability. At your complimentary consultation, your therapist will create a tailored preparation plan based

on your skin type. Adhering to your preparation plan is key to achieving optimum results from your Skin Needling treatment.

2 weeks prior to treatment:

Avoid Laser Hair Removal, waxing, depilatory creams, and IPL treatments on the face

Avoid Cosmetic Grade Peels

Avoid Cosmetic Injectables

Avoid sun exposure, always wear SPF

For clients with medium to dark skin tones or prone to hyperpigmentation, we advise you to prep the skin with a melanin inhibitor such as the Environ AVST day creams.

This will help reduce the risk of hyperpigmentation after the treatment.

1 week prior to treatment:

Avoid exfoliating products such as Retin-A and exfoliating acids.

For clients prone to hyperpigmentation, we advise you to prep the skin with a melanin inhibitor such as the Environ AVST day creams, this includes all skin types capable of producing melanin. This will help reduce the risk of hyperpigmentation after the treatment.

### How it works

Microneedling works by gliding the device over the skin's surface and using tiny needles to create small perforations or 'micro-channels' in the skin. These are essentially tiny wounds, which stimulate your body's natural healing response and encourage your skin to make new, collagen-rich tissue.

These micro-channels also allow the active ingredients in your skincare products to penetrate deeper into your skin, delivering even more powerful results.

## Micro-Needling

with Hyaluronic Acid



